

# GYMNASTICS

Tuesdays

Jan 16-Feb 20, 2018

Level 1 5:00 - 5:45

Level 2 6:00 - 6:45

\$15.00 Members

\$30.00 Non-members



Instructor: Samantha Dewey

LEVEL 1: Students learn basic gymnastics positions, progressive gymnastics skills, and emotional/mental techniques to create a sense of belief in themselves.

LEVEL 2: Students will show continued emotional & mental growth as well as strong listening and behavioral skills as well as possess specific gymnastics skills.

**908 E. Columbia St. Flora 46929**

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