

# CCCC

## PERSONAL TRAINING

30 min: \$20/45 min: \$25/60 min: \$30

**DEALS For every 5th visit you get \$5 off! Bring a friend you each get \$5 off!**

Our Certified Personal Trainer, Jessica Gerlach, is here to help you get motivated in your fitness goals. Contact us for a free meet and greet with Jessica. Goal setting and your expectations will be discussed, and your first session can be scheduled which includes an assessment.

For More Information

You may call:

**908 E. Columbia St.  
Flora, In 46929**



574-967-4449